

**Naipenda**  
  
**safaris**  
**WHAT TO PACK/3**

- Change of clothes
- Toiletries
- Camera, film, batteries and gear
- Binoculars
- Prescriptions/medications, including your anti-malaria drugs, and consider
- Tylenol PM for helping you sleep on the airplane
- Copies of your passport, travelers check receipts, and any credit cards  
(kept separately from the originals)
- Any other items deemed necessary for your overnight flight/day room stay while in transit

**On Your Person:**

- Passport/Health Certificate
- Money and travelers checks
- Pen for filling out landing cards and visa applications

As an illness preventative, you might want to bring an over-the-counter medication called "Acidophilus". It's purported to prevent fatigue, digestive troubles and maintains the good bacteria level in the body. Some client's swear by it.