



WHAT TO PACK/2

Swimsuit

Miscellaneous:

Snacks

Jewelry (costume only, please leave expensive jewelry behind)

Flashlight

Bug Repellent

Sun Hat

Sunscreen

Tissues - purse sized packs

Small Swiss Army knife with scissors

Heavy-duty zip-lock bags in various sizes

Luggage locks

Liquid detergent - small

Emergency sewing kit

Inexpensive sport watch (with glow-in-the-dark feature and alarm)

A travel journal to record your trip

Antibacterial hand sanitizer - liquid and/or cloths (cloths work best for removing dust)

Nail clippers

Eye drops for dry, dusty eyes

Washcloth - with plastic bag for carrying in your luggage when damp

Neosporin antibacterial ointment - small tube

A rain poncho or two (disposable is fine)

Carry-on luggage:

Voltage converter and plug adaptor (UK is used in Africa)

Hair dryer

Contact lens solutions (if you wear contacts)

Extra glasses/sunglasses